



# LINCOLN MIDDLE SCHOOL NEWSLETTER



Paul Suminski, Principal

March 1, 2019

Randy Steen, Asst. Principal

Office: (847) 394-7350

[Lincoln Middle School](http://Lincoln Middle School)

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## It's not too late! Sign up for Track and Field!

### Principal's Message . . .

Dear Lincoln Families,

The Illinois Assessment of Readiness (IAR) is the new state assessment that replaces PARCC and testing is scheduled to begin March 11. Please take a moment to review the schedule Mr. Steen has provided in this newsletter. Please make every effort to have your child present during testing days. Scheduling appointments outside of the testing window is also appreciated. Please take note of the schedule posted in this newsletter to help your child be prepared for IAR testing.

Thank you and have a great weekend,

Paul Suminski

The screenshot shows the Lincoln Middle School website interface. A yellow callout box with a red border says "Read what the students hear on morning announcements!". A yellow arrow points to a blue menu with the text "Click Here on our website". A blue diagonal banner contains the URL "https://lincolnanouncements.blogspot.com/". The website content includes a navigation menu with items like "1:1 INFORMATION", "ACTIVITIES", "ATHLETICS", "CALENDAR", "CLICK HERE TO REPORT BULLYING", "DAILY ANNOUNCEMENTS", "MUSIC", "NEWSLETTERS", "PARENT START", "SCHOOL INFORMATION", "STAFF START", and "STUDENT SERVICES". A "WE WANT YOU TO KNOW..." section lists calendar reminders such as "March 8 - End of Qtr. 2", "March 22 - End of Qtr. 3", "March 25 through March 29 SPRING BREAK!", "April 1 - Classes Resume", "April 2 - Day of Non-Absentee Staff Institute Day", and "April 5 - Qtr. 3 Reports Cards". A "WHAT'S HAPPENING @D57\_LMS" section shows tweets from @D57\_LMS.

### Mrs. Smith, our school nurse says . . . Go To Bed!

Is your child getting enough sleep? Children 6-12 years of age need 9-12 hours of sleep each night and children 13-18 years of age need 8-10 hours of sleep.



Not getting enough sleep can contribute to decreased academic success, problems with attention and memory, increased behavior problems, and decreased athletic performance. Sleep is especially important for teens because hormones are released during sleep that help with physical growth. Insufficient sleep also contributes to depression.

Good sleep habits can help your child get a good night's sleep.

Some habits that can improve sleep health:

- Be consistent. Have your child go to bed at the same time each night and get up at the same time each morning, including on the weekends
- Make sure the bedroom is quiet, dark, relaxing, and at a comfortable temperature
- Remove electronic devices, such as TVs, computers, and smart phones from the bedroom
- Avoid large meals and caffeine before bedtime
- Encourage exercise. Being physically active during the day can help with falling asleep more easily at night

[https://www.cdc.gov/sleep/about\\_sleep/how\\_much\\_sleep.html](https://www.cdc.gov/sleep/about_sleep/how_much_sleep.html)

## TRACK AND FIELD!

The sun is shining and the snow is hopefully on its way out...it's time to lace up your running shoes and join track and field! If you are interested please sign up in the commons and make sure you have a current physical on file in the nurse's office.

(Interscholastic Athletic Packet: [Click Here!](#)) First track and field practice is Monday, March 11 from 3-4. Please meet in the West gym dressed and ready to run.



## Grade 8 Calendar Dates

May 21 2019  
8th Grade Awards Night 7pm

May 22 2019  
8th Grade Great America Trip

May 28 2019  
PTO Picnic (afternoon)  
PTO Dance (evening)  
This is the last day of attendance for Grade 8.

May 29 2019  
Graduation at PHS 7pm  
(students arrive 630pm)

Be sure to mark  
your calendar!

Friday  
March 8 2019  
EARLY  
DISMISSAL

Dismissal time  
11:15am

Period	Bells
1	7:45-8:06
2	8:10-8:27
3	8:31-8:48
4	8:52- 9:09
5	9:13- 9:30
6	9:34- 9:51
7	9:55-10:12
8	10:16-10:33
9	10:37- 10:54
10	10:58- 11:15

## ASK THE OFFICE LADIES ...

**Question:** Does a parent or guardian have to let the office know if they have made arrangements for an emergency contact to pick up their son or daughter?



**Answer: Yes!** Adults listed as your emergency contacts may remove your son or daughter from class during the school day - **but only if the parent/guardian has notified the front office.** The school must be able to document that the parent/guardian has knowledge of their child's dismissal during the school day. Also, as much as we try to remember everyone, please do not be offended if we ask for identification before releasing a student to an adult. Thank you.



Sunday— March 10

## An important message from Mr. Steen about upcoming standardized testing:

The Illinois Assessment of Readiness (IAR) is the new state assessment that replaces PARCC. The IAR will be taken at Lincoln between March 11 and March 21 based on your child's grade. Make-ups will be conducted upon our return from Spring Break.

8th Grade:  
March 11, 12, 13  
(ELA Periods 2-4 and Math Periods 7-8)

6th Grade:  
March 14, 15, 18  
(Math Periods 3-4 and ELA Periods 7-9)

7th Grade:  
March 19, 20, 21  
(Math Periods 2-3 and ELA Periods 6, 8, 9)  
Periods 6 & 7 will be flipped for the entire school on these days. Lunch periods are flipped also.

In addition, all eighth grade students are also required to take the Illinois Science Assessment (ISA). The ISA will be administered on March 8 at 9:00 a.m.

**STUDENTS WILL NEED TO BRING EAR-BUDS OR HEADPHONES.**

**BE SURE CHROMEBOOKS ARE FULLY CHARGED AND READY.**

# BUY YOUR Yearbook

**Send \$25 with your child and have him or her bring it to the office!**

Payment may be made by credit/debit card using Visa, MasterCard, American Express or Discover online at the [District 57 website](#).

- Choose the blue PARENT tab.
- From the drop down menu, choose "Online Payments—EPay" / "Make a One-Time Payment" / Scroll down to "Miscellaneous Payments"
- Complete the online form with the requested information.

## ASK THE OFFICE LADIES ...



**Question:** How does my 8th grade student get measured for a graduation gown?

**Answer:** On March 11, Mrs. Moran and Mr. Steen will measure 8th grade students' height for their graduation gowns. Absent? We will measure you the next week.



**Question:** When do we get the gown?

**Answer:** The gowns will be sent home a few days prior to graduation (May 29, 2019).

## BADMINTON CLUB: Spring 2019

Did you enjoy playing Badminton in P.E. Class, then come join us after school and participate in the badminton club.

Club meets various days in the Busse Gym:

Time: 2:45 to 3:45

Dates:

Mon	3/11	2:45 - 3:45	Busse Gym
Wed	3/13	2:45 - 3:45	Busse Gym
Thur	3/14	2:45 - 3:45	Busse Gym
Fri	3/15	2:45 - 3:45	Busse Gym
Mon	3/18	2:45 - 3:45	Busse Gym
Wed	3/20	2:45 - 3:45	Busse Gym
Thur	3/21	2:45 - 3:45	Busse Gym
Fri	3/22	2:45 - 3:45	Busse Gym
Thur	4/11	2:45 - 3:45	Busse Gym
Tues	4/23	2:45 - 3:45	Busse Gym
TBA			
TBA			
TBA			

The Badminton Club is intended for students wishing to participate in recreational games against their Lincoln Middle School peers.

- There is no need for a school sports physical.
- Racquets and equipment will be provided.
- Games will follow a similar format to the one we used in our physical education badminton unit.
- Limit of 24 participants. (First 24 students with payment and permission slip turned into office).
- Regular club fee applies.



## DO YOU HAVE A SON OR DAUGHTER WHO WILL BE HOME FROM COLLEGE FOR SPRING BREAK SOON?

This is a reminder that college-aged students may not freely excuse or remove students (younger siblings) from Lincoln Middle School classes. If parents would like adult children to pick up a sibling during the school day, please send an email or a note to Mrs. Moran at [rmoran@d57.org](mailto:rmoran@d57.org).



3 more weeks . . . until Spring Break  
March 25 through March 29!

# Meet your School Board Candidates:

## Rachael Rothrauff

D57 parent- 2 daughters at Westbrook and Lions Park  
Mount Prospect resident since 2010



I've worked for the past 15 years as a public high school teacher. I also have my Real Estate License.

My priorities for District 57 are:  
Making smart use of the referendum funds so the district can be fiscally sustainable for the long-term.  
Advocating for our schools in regards to potential new developments in downtown MP.  
Strengthening the frequency and clarity of communication with the D57 parent community.  
Encouraging innovative curriculum and extracurricular opportunities for our kids.

## Kristine O'Sullivan

D57 parent (daughter attends Fairview)



More than 15 years of experience in communications and member engagement for professional associations (currently manager of event communications at ISACA, a global association for information and cyber security professionals)

My focus is on community engagement and communications:  
Providing frequent updates on priorities and opportunities to be involved  
Seeking parent and community member feedback prior to decision-making  
Financial stewardship to strategically ensure the economic stability of D57  
Preparing kids for 21st century jobs through career and tech exploration

## Jennifer Kobus

Moved to D57 15 years ago. I have 3 kids that have attended Westbrook, Lions Park, & Lincoln. I currently have one son in college, one at Prospect High School, and one at Lions Park.



I became a D57 board member in 2014 and was vice-president in 2016 & 2017. I am currently running for re-election.

My passion and focus has been on serving the community and specifically the education community. In addition to D57 board, I am also on the governing board for St. Mark preschool. My focus on the board has been community engagement, school safety, and financial stewardship. I have enjoyed the past 5 years being a board member and hope to continue to represent this amazing school district.

## Kimberly Fay

I have lived in Mount Prospect (D57) since April 2013. My eldest daughter is a third grader at Lions Park my youngest daughter is an incoming kindergartener who will attend Westbrook.



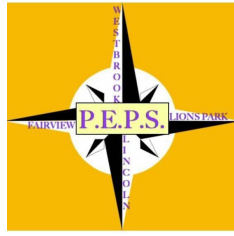
I am an attorney for a non-profit legal aid organization. I practice immigration law, focusing on serving immigrant victims of crime, including human trafficking.

My work requires critical and analytical thinking. As a legal aid attorney, I am also adept at making the most of what is often a shoestring operating budget. I feel these skills are also necessary to be a successful school board member. I hope to make an impact on our school board by encouraging engagement from parents and district residents, ensuring that they are fully informed of board initiatives. I also hope to encourage further enrichment opportunities for students across the learning spectrum.

## Upcoming opportunities to learn more:

League of Women Voters Community Forum: Saturday, February 23rd- 9am-12pm- MP Village Hall  
D57 Candidate Listening Session: Saturday, March 2nd- 4pm-6pm- Station 34 (formerly Brick City)  
MP Journal and Topics Candidate Forum: Wednesday, March 13th- 6pm-9pm- MP Village Hall

**Early voting begins March 18th. Election Day is April 2nd.**



# **PEPS Meeting: Life Hacks**

## **Join us**

**What: Support group for families  
of children with special needs**

**Where: Fairview**

**When: Tuesday, March 12**

**Time: 10:00-11:00**

### **For questions and support contact:**

**Cathy Kostecki**

**kostecki@d57.org**

**Sara Tyburski**

**styburski@d57.org**

**Shelley Kolasa**

**shelleykolasa@gmail.com**

**Christine Pellizzeri**

**chris.pellizzeri@gmail.com**

**Melissa Umali**

**mumali9@gmail.com**

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*District 57 Education Foundation*

# Great Gatsby Gala

Celebrating 20 Years of Giving Back

*celebrate with us at*

## Victoria in the Park

*1700 Elmhurst Rd. Mount Prospect, IL*

*April 6, 2019*

6-11:30

Ticket Cost \$100 per person  
<https://www.57edfoundation.org/>

# Lions Park

## Knots of Love

Join us for a fleece blanket making party inspired by and honoring Lions Park student Lauren Graver and benefitting pediatric patients at Advocate Children's Hospital Park Ridge.

**Where:** Prospect High School Cafeteria  
Enter through Door 30

**When:** Friday, March 15, 2019 from 4:00-9 PM  
*Blankets must be started by 8 PM*

### **What to Bring:**

- 2 pieces of coordinating fleece (1.5 yards each)
- fabric scissors
- a ruler
- an adult chaperone if you are in elementary or middle school

See our **facebook** page at "Lions Park Knots of Love" or email Courtney Voss at [lpknotsoflove@gmail.com](mailto:lpknotsoflove@gmail.com) with questions or for more details





Dear Families,

In honor of World Autism Awareness Day (April 2<sup>nd</sup>), District 57 will be continuing our Districtwide Disability Awareness Week (April 1<sup>st</sup> -April 5<sup>th</sup>). Each day, students will be learning about different disabilities such as: Intellectual Disabilities, Visual Impairments, Orthopedic Impairments, and Autism. To support this week, we will be having a t-shirt fundraiser. Families and students can order t-shirts to wear on Friday, April 5<sup>th</sup>, as part of our spirit day, "In District 57 we all fit together". Shirts will be a light blue color and \$11 plus tax.



This year, we will be donating the proceeds to a nonprofit organization called Gerry's Cafe. Their mission is to open a cafe in Arlington Heights, that will employ adults with intellectual and developmental disabilities. They will hire, train and supervise approximately 30 adults, ages 22 and older, to work in their coffee shop. For more information here are a few links [Gerry's Cafe](#) [Gerry's Cafe Facebook Page](#)

T-Shirt ordering will be online through Colorburst Printing. T-shirt orders must be submitted online **no later than Monday March 11<sup>th</sup> at 3pm. No late orders will be accepted.** To order your t-shirt, please visit the online store (see link below) and place your order there by selecting the school your child attends. If you have children in more than one building, you may choose just one school for your family's order. Shirts will be delivered to your child's homeroom/advisory so please be sure to put that information on the order. Payment is by credit card or Paypal

<https://colorburst-screenprinting.ecwid.com/District-57-2019-c33910254>

If you have any questions feel free to contact me below.

Best,

Katianne Olson

[kolson@d57.org](mailto:kolson@d57.org)

SOAR Special Education Teacher



ADMINISTRATION BUILDING

701 West Gregory Street - Mount Prospect, Illinois 60056  
P (847) 394-7300 | F (847) 394-7311 | [www.d57.org](http://www.d57.org)

The District 57 Administration Office is pleased to present this information about upcoming events and news from local organizations that serve our community's children.

**Prospect Girls Volleyball Clinic 5<sup>th</sup> - 8<sup>th</sup> Grade**

Join us March 3<sup>rd</sup> 9:00-11:00AM at PHS for Girls Volleyball Clinic. All skill levels welcome to participate. Contact Laura Gerber at [phsgirlsvball@d214.org](mailto:phsgirlsvball@d214.org) for registration. \$30 per player, T-shirt included.

**Prospect Band presents "Mother/Son Knight Out" Saturday, March 2**

Come dressed as your favorite Dynamic Duo to this inaugural event! DJ, Games, Photo Booth, Giveaways, Sundae Bar. Enjoy a "knight" out. Register now at [www.prospectband.com](http://www.prospectband.com)

**Enroll in a YMCA Camp Today!**

\*Y Trained Staff \*ACA Accredited \*Financial Assistance \*Extended Care Included \*Fieldtrips, Swimming & Rock Climbing. Go to <https://www.ymcachicago.org/lattof/pages/summer-day-camp>

**Non-partisan Rally to Honor International Women's Day-Friday, March 8/4:30-6:30 PM**

All ages invited at corner of 83 & Northwest Hwy. Bring positive, family-friendly signs and help form a human chain of people celebrating social, economic, cultural and political achievements of women across the globe.

**Mt. Prospect Studio Art Classes for Children Ages 7-14**

The Spring session begins April 8<sup>th</sup> – printmaking and acrylics on canvas. Come join us!  
More info, go to [www.christinethornton.com](http://www.christinethornton.com)

**FREE Kids Craft on Sunday, March 17<sup>th</sup> for St. Patrick's Day!**

Stop in on Sunday, March 17<sup>th</sup> where kids craft for FREE! 10am-4pm.  
More info, go to [gatheredboutiqueandworkshop.com](http://gatheredboutiqueandworkshop.com)

**Summer Registration Now Open for 214 Discovery Camps**

Register online at [ce.d214.org](http://ce.d214.org) or call 847-718-7700.

**Library Mini Golf Fundraiser 10 a.m. – 3 p.m. Saturday, March 2**

Play 18-holes of Mini Golf in the Library. \$5 each/\$20 for a family of 4+. Proceeds benefit the Library Foundation. More info, <https://mppl.evanced.info/signup/EventDetails?EventId=33149>

**\*\*MP Cheer 2019 Fall Registration\*\***

Join the fun at Mt. Prospect Cheer for Sideline or Competition Cheer! New Parent Meeting 3/21, 7-9pm at RecPlex. On-line Registration & info on Walk-in Reg dates – [www.gompcc.com](http://www.gompcc.com)

March 1, 2019